Hung Yong had practised in a hospital and non-profit organisation setting for 22 years since graduating in 2001. His interest in exercise therapy and cardiac rehabilitation had led to his pursuit of a Masters in Preventive Cardiology from Imperial College London. He managed the cardiac rehabilitation programme (CRP) in the National University Hospital Singapore (NUHS) and Singapore Heart Foundation (SHF), where he cared for patients who suffer from heart conditions and other chronic diseases.

Currently, he sees geriatric, neurological, cardiac and chest cases in their home environment as well as in clinics.