Dr Soh Leng Hsien (Shawn) is a Senior Lecturer in the Health and Social Sciences Cluster (Physiotherapy) at Singapore Institute of Technology. He is involved in undergraduate and postgraduate teaching. Shawn is passionate about research areas surrounding falls efficacy, measurement instruments, and psychometrics. He is leading several local and international research collaborations. Through his PhD, he extended the concept of falls efficacy and developed the world's first balance recovery confidence scale. Over the last two years, he has published ten papers as the first author in various international peer-reviewed journals. He was awarded the best oral presenter at the World Physiotherapy-AWP Regional Congress 2022. He is presently the Topic Editor, Insights into Falls Efficacy and Fear of Falling, Frontiers in Aging and the Editorial Board Member, Journal for Frailty, Sarcopenia and Falls (JFSF). He enjoys inspiring young minds about the exciting nature of the profession. He aspires to elevate the physiotherapy profession in Singapore and the rest of the world.